



**Appendix 1.** Relationship between CPK (**a**), urea (**b**) and workload (WL, **c**) during the complete preseason and season. Injured players (lines in colors) and median (black lines) values of CPK (**a**) and urea (**b**) are shown. Opposite to the values seen for the injured players, CPK and urea median values show some shallow valleys and peaks. The players became injured between sample sessions 9 and 20, even when the median WL was stable in such interval. For the whole follow-up, the median of WL was 3.5. The legend Sample number en **c** applies for all pannels.