**Curriculum Vitae (CV)**

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| **Personal information** |
| **First Name:** Fahimeh | **Last Name**: Nikraftar |
| **Birthday:** December 1992 | **Gender:** Female |
| **Place of Birth:** Birjand | **Language:** Persian |
| **Specialization:** Medical-Surgical Master of Nursing |
| **Department:** Nursing |
| **Faculty:** Birjand University of Medical Sciences |
| **Work address:** Ghaffari street, Birjand, Iran |
| **Email:** Nikraftarf1992@gmail.com |
| **Education** |
| **Degree** | **University** | **Dates Attended** |
| MS | Mashhad University of Medical Sciences, Iran | 2017-2019 |
| BS | Mashhad University of Medical Sciences, Iran | 2013-2017 |
| **Professional Experience/ Collaborations** |
| **Job Title** | **Dates Attended** | **Company** |
| Member of the patient and family self-care education committee | 2014-present | Mashhad University of Medical Sciences, Iran |
| Executive Committee member of the 14th National Congress of the Iranian Association of Medical Oncology and Hematology and Annual Cancer Nursing Conference | 2015 | Mashhad University of Medical Sciences, Iran |
| **Job Title** | **Dates Attended** | **Company** |
| Patient education expert (Student Work) | 2016-2017 | Omid Hospital, Mashhad University of Medical Sciences, Iran |
| Co-teacher of patient and family education unit | 2016-2019 | Mashhad University of Medical Sciences, Iran |
| PICU Nurse | 2017 | Dr Sheikh Hospital, Mashhad University of Medical Sciences, Iran |
| Research Expert (Student Work) | 2017-2019 | Evidence Based Care Journal, Mashhad University of Medical Sciences, Iran |
| Member of brilliant talents | 2013-2019 | Mashhad University of Medical Sciences, Iran |
| Reviewer | 2017- present | Evidence Based Care Journal, Mashhad University of Medical Sciences, Iran |
| Faculty member | 2019-present | Birjand University of Medical Sciences, Iran |
| **Research interests** |
| Nursing issues, Patient and family education |
| **Publications/ Presentations** |
| - Zeraati H, Behnam Vashani HR, Rezaeian A, Abrishami M, Reihani T, Shoeibi N, Nikraftar F. Effect of multisensory stimulation on oxygen saturation in premature infants during eye examination. Evidence based Care Journal. 2014; 4(4): 7-16.- Fatemeh Heshmati Nabavi, Seyed Reza Mazloom, Zohreh Pourasmail, Siamak Heidarbeigi, Javad Mahmoudi, Vahid Ghorbani, Seyedeh Manijeh Mehraban, Farideh Fard, Imankhani, Parasto Bayat, Maryam Rezaei Kakhki, Fahimeh Nikraftar, Ali Jahani Rad, Sajjad Mohammadzadeh. Nursing students' participation in promoting self-care education programs to hospitalized patients: A strategy to strengthen and consolidate medical education. The first national conference on evidence-based education and the second national conference on the development of student participation in the education system: the Festival of Educational Films. Mashhad, 26-28 May 2015.- Fatemeh Heshmati Nabavi, Zohreh Pouresmaeil, Toktam Mikaniki, Raziallah Dehmardeh, Seyed Amir Al-Dawood, Alireza Islampour, Fatemeh Kavousi, Sajjad Mohammadzadeh Sarhadi, Samira Hosseini, Ali Jahani Rad, Fahimeh Nikraftar, Zeinab Pahlavan, Sima Oudi, Zohreh Sezavarmanesh, Zahra Khadem, Akram Rabbani Javadi. Design, manufacture and evaluate multimedia self-care training products to improve the quality of self-care training; Develop partnerships between the School of Nursing and Midwifery and educational hospitals. The second selected process in the field of educational products in the 9th Shahid Motahari Educational Festival, May 2016.- Fatemeh Heshmati Nabavi, Monir Ramezani, Zohreh Pouresmaeil, Toktam Mikaniki, Maryam Samimi Kalat, Azadeh Saki, Arash Beiraghi Tusi, Parastoo Bayat, Fahimeh Nikraftar, Samira Hosseini, Tayebeh Kammi, Delaram Kamali, Dorsa Rahimi, Hanieh Meshkat, Saeedeh Baghizadeh Rangani, Alieh Tazdeh, Somayeh Behzad Kermani, Kowsar Fathi, Saeed Ghadmagahi, Zahra Khadem, Ali Eshraghi, Hamid Naderi, Sima Oudi Aval, Maliheh Shoja, Atefeh Behboodifar, Akram Rabbani Javadi. Developing the participation of nursing students in improving the quality of services of Mashhad University of Medical Sciences Self-Care Committee: linking education and service, improving quality and satisfying the client. The first selected process in the field of leadership and educational management in the 10th Shahid Motahari Educational Festival, May 2017.- Fatemeh Heshmati Nabavi, Monir Ramezani, Zohreh Pouresmaeil, Toktam Mikaniki, Maryam Samimi Kalat, Azadeh Saki, Arash Beiraghi Tusi, Parastoo Bayat, Fahimeh Nikraftar, Samira Hosseini, Tayebeh Kammi, Delaram Kamali, Dorsa Rahimi, Hanieh Meshkat, Saeedeh Baghizadeh Rangani, Alieh Tazdeh, Somayeh Behzad Kermani, Kowsar Fathi, Saeed Ghadmagahi, Zahra Khadem, Ali Eshraghi, Hamid Naderi, Sima Oudi Aval, Maliheh Shoja, Atefeh Behboodifar, Akram Rabbani Javadi. Development of educational competencies of nursing students in improving the quality of services of the self-care committee of Mashhad University of Medical Sciences: the link between education and service. Selected National Process in the 18th Conference of Medical Education and Shahid Motahari Educational Festival, May 2017.- Nikraftar F, Mikaniki T. Self-care Education Management from Structuring to Monitoring: The Experience of Self-Care Education Committee in Medical Faculty of Mashhad. Effective Management and Leadership Congress. Tehran 11-13 Dec 2018.- Heshmati navabi M, Zahediyan M, Heshmati navabi F, Nikraftar F. The responsibility of the physician to provide training to patients from the point of view of Imamieh jurisprudence. Quarterly Journal of Nursing Management. 2019; 8 (1): 40-46.- Shahverdi M, Mahmoudirad GH, Nikraftar F , Saber Tanha A. Spinal anesthesia with low dose of hyperbaric bupivacain plus fentanyle vs hyperbaric bupivacain for Transurethral Resection of Prostate surgery: Hemodynamic effects, Duration of analgesia and Motor block. Evidence based Care Journal. 2020; 10(2). |
| **Workshops** |
| More than 30 certificates of participation/teaching in workshops about journal clubs, patient education, nursing care, Computer skills, Statistics and research methods. |