

Curriculum Vitae

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Personal Information

First Name: Elham

Last Name: Rezaei

Title: Assistant Professor

Department: Midwifery

Nationality: Iranian

Date of Birth: 24.Jun.1981

Place of Birth: Karaj, Iran

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Researcher IDs

-Publons CV and Web of Science Researcher ID: [ABO-9652-2022](#)

-ORCID ID: [0000-0002-5461-5903](#)

-Scopus Author ID: [56682212000](#)

-Loop profile: 2080627

-Microsoft Academic: Elham Rezaei

-Google scholar ID: [link](#)

Academic Qualifications

1999-2003: Bachelor of Midwifery, **Shahid Beheshti** University of Medical Sciences, Tehran, Iran.

2009-2012: M.Sc. of Midwifery, **Tehran** University of Medical Sciences, Tehran, Iran.

2016-2019: Ph.D. of Reproductive Health, **Tehran** University of Medical Sciences, Tehran, Iran.

Field of interests (or the major research areas)

- Obstetrics (pregnancy and childbirth, newborns)
- Reproductive health (Birth, Morbidity, and Mortality rates; Reproductive health Policymaking)
- Gynecology diseases
- Rheumatology in obstetrics
- Traditional and complementary medicine in obstetrics
- Psychology in obstetrics
- Type of research (clinical trial and mixed methods)

Professional Membership: (Administrative or executive Experience ...)

2004-2005: Employee of maternity department, Shahid Beheshti Hospital, Chalderan, Iran.

2005-2011: **Head of maternity department**, Shahid Beheshti Hospital, Chalderan, Iran.

2012-2013: **Programmatic expert on mother and baby care**, Fajr Hospital, Maku, Iran.

2013-2016: **Instructor, Faculty of Nursing and Midwifery**, Urmia University of Medical Sciences, Urmia, Iran.

2019-2020: **Research expert of nursing care research center**, Faculty of Nursing and Midwifery, Tehran University of Medical Sciences, Tehran, Iran.

2020-2021: **Research expert of reproductive Health Research Center**, Urmia University of Medical Sciences, Urmia, Iran.

2022-2024: **Member of the specialized post-graduate education group**, Faculty of Nursing and Midwifery, Tabriz University of Medical Sciences, Tabriz, Iran.

2022-2024: **English web site manager of Nursing and Midwifery Faculty**, Tabriz University of Medical Sciences, Tabriz, Iran.

2022-now: **Assistant Professor, Faculty of Nursing and Midwifery**, Tabriz University of Medical Sciences, Tabriz, Iran.

Membership in scientific societies and committees

2016: **Council member of the Student Research Committee** , Faculty of Nursing and Midwifery, Urmia University of Medical Sciences, Urmia, Iran.

2017-now: **Member of Iranian Rheumatology Association**, Tehran University of Medical Sciences, Tehran, Iran.

2022-now: **Member of the research knowledge committee**, Faculty of Nursing and Midwifery, Tabriz University of Medical Sciences, Tabriz, Iran.

Teaching Experience

2013- 2016: **Obstetrics and Gynecology (1, 2, 3)**, Midwifery students, Urmia University of Medical Sciences, Urmia, Iran.

2016-2018: **Obstetrics and Gynecology (1, 2, 3)**, Midwifery students, Tehran University of Medical Sciences, Tehran, Iran.

2013- 2016: **Physiopathology (1, 2, 3)**, Midwifery students, Urmia University of Medical Sciences, Urmia, Iran.

2013- 2016: **Neonatal disease, Neonatal intensive care**, Midwifery students, Urmia University of Medical Sciences, Urmia, Iran.

2013- 2016: **Midwifery principles and techniques**, Midwifery students, Urmia University of Medical Sciences, Urmia, Iran.

2022- Now: **Obstetrics and Gynecology (1, 2, 3), Neonatal disease, Neonatal intensive care, life skills, Epidemiology, Developmental psychology, Specialized language, Counseling in special problems, Reproductive health, Educational models and behavior change in midwifery**, Faculty of Nursing and Midwifery, Tabriz University of Medical Sciences, Tabriz, Iran.

Research Projects

1. The effect of sleep health behavioral education in the quality of life of pregnant women with sleep disorders. **Co-investigator**. 2011. **Tehran** University of Medical Sciences, Tehran, Iran.
2. Investigating the prevalence of depression and factors affecting it in pregnant women with sleep disorders. **Co-investigator**. 2012. **Tehran** University of Medical Sciences, Tehran, Iran.
3. Frequency of dysmenorrhea and factors related to lifestyle in teenage girls of Urmia city. **Manager**. 2015. **Urmia** University of Medical Sciences, Urmia, Iran.
4. Effect of Achilles vermicularis ointment on wound healing after episiotomy in primiparous women: a randomized clinical trial. . **Co-investigator**. 2015. **Tehran** University of Medical Sciences, Tehran, Iran.
5. Prevalence of sexual disorders in women with systemic lupus erythematosus and related factors. **Co-investigator**. 2016. **Tehran** University of Medical Sciences, Tehran, Iran.
6. Investigating the effect of Benson's relaxation method on stress, anxiety and depression of pregnant women. **Co-investigator**. 2016. **Tehran** University of Medical Sciences, Tehran, Iran.
7. Investigating the prevalence of PTSD and its related factors in HIV positive women referred to Imam Khomeini Hospital. **Co-investigator**. 2017. **Tehran** University of Medical Sciences, Tehran, Iran.

8. Management of sleep disorders during pregnancy: a systematic review. **Manager.2018. Tehran** University of Medical Sciences, Tehran, Iran.
9. Locating cortical sources of electrical activity and assessing changes in corticothalamic rhythm following cognitive, emotional and sexual changes in different phases of menstrual cycle among women of reproductive age. **Co-investigator. 2018. Tehran** University of Medical Sciences, Tehran, Iran.
10. Investigating the effect of Ramesh X suppositories on sexual dysfunction in women of reproductive age: a randomized clinical trial. **Co-investigator. 2022. Tehran** University of Medical Sciences, Tehran, Iran.
11. Investigating the effect of Ramesh suppositories on non-infectious leucorrhoea in women of reproductive age: a randomized clinical trial. **Co-investigator. 2022. Tehran** University of Medical Sciences, Tehran, Iran.
12. Investigating the prevalence of PTSD and its related factors in women with systemic lupus erythematosus. **Manager.2022. Tabriz** University of Medical Sciences, Tabriz , Iran.
13. Reproductive and sexual health needs assessment in West Azarbaijan province. **Manager. 2022. Urmia** University of Medical Sciences, Urmia, Iran.
14. Confirmatory factor analysis of reproductive and sexual health questionnaire in women with systemic lupus erythematosus. **Co-investigator. 2022. Tehran** University of Medical Sciences, Tehran, Iran.
15. Investigating the effect of maternal emotions and attitudes towards breastfeeding on breastfeeding self-efficacy in mothers with children aged 0 to 2 months covered by comprehensive health centers in Urmia. **Co-investigator. 2022. Urmia** University of Medical Sciences, Urmia, Iran.

16. Investigating the factors delaying women's marriage and demographic consequences (using the multi-criteria decision-making method based on the opinion of experts of West and East Azerbaijan province). **Manager**.2022. **Tabriz** University of Medical Sciences, Tabriz, Iran.
17. Prevalence and related factors of Post-traumatic stress disorder (PTSD) in Iranian women with Systematic Lupus Erythematosus. **Manager**.2022. **Tabriz** University of Medical Sciences, Tabriz, Iran.
18. Designing a relationship model of Post-traumatic stress disorder (PTSD) with childbearing in people with Behçet disease: a path analysis model. **Manager**.2023. **Tabriz** University of Medical Sciences, Tabriz, Iran.
19. Assessment of Midwives' Competence in Perinatal Bereavement Care. **Manager**.2023. **Tabriz** University of Medical Sciences, Tabriz, Iran.
20. Assessment of clinical skills of midwifery graduate students. **Manager**.2024. **Tabriz** University of Medical Sciences, Tabriz, Iran.
21. The impact of the Covid-19 epidemic on the birth, death, and fertility rates based on specific age groups in Iran. **Manager**.2024. **Tabriz** University of Medical Sciences, Tabriz, Iran.

Thesis (Supervisor or Advisor)

1. The effect of health behavior education on the sleep quality of pregnant women (**MSc** dissertation). **Supervisor**. 2011. **Tehran** University of Medical Sciences, Tehran, Iran.
2. Design and psychometrics of reproductive health instrument in women with systemic lupus erythematosus (**PhD** Thesis). **Supervisor**. 2017. **Tehran** University of Medical Sciences, Tehran, Iran.

3. Comparing the effect of curcumin tablet and Metronidazole tablet on the bacterial vaginosis treatment (**MSc** dissertation). **Advisor**. 2019. Tehran University of Medical Sciences, Tehran, Iran.
4. Explanation of sexual and Reproductive health status in high risk sexual behaviors Women, Designing and implementing an intervention (**PhD** Thesis). **Advisor**. 2019. Tehran University of Medical Sciences, Tehran, Iran.
5. The effect of education based on health belief model on self-compassion and self - efficacy of premenopausal women (**MSc** dissertation). **Advisor**. 2021. Tehran University of Medical Sciences, Tehran, Iran.
6. The Effect of Dark Chocolate on Depression among Menopause Women: A Randomized Controlled Trial. (**MSc** dissertation). **Supervisor**. 2022. **Tabriz** University of Medical Sciences, Tehran, Iran.
7. The effect of Ocimum Basilicum on prevention of postpartum depression: A Randomized Control Trial (**MSc** dissertation). **Supervisor**. 2022. **Tabriz** University of Medical Sciences, Tehran, Iran.
8. Assessment of reproductive, sexual health, and related factors in women with systemic lupus erythematosus (**MSc** dissertation). **Supervisor**. 2023. **Tabriz** University of Medical Sciences, Tehran, Iran.
9. The Effect of Vitamin D on the Treatment of Anogenital Warts and quality of life related Human Papillomavirus (HPV): A Randomised Controlled Trial. **Supervisor**. 2023. **Tabriz** University of Medical Sciences, Tehran, Iran.
10. The lived experience of parents with children born prematurely. (**PhD** Thesis). **Advisor**. **Tabriz** University, Tehran, Iran.

11. Comparison of the effect of grief counseling based on Compassion-Focused Therapy and counseling based on Acceptance and Commitment Therapy on self-compassion and self-efficacy of women who experienced fetal loss: a randomized controlled trial. (MSc dissertation).

Supervisor. 2024. **Tabriz** University of Medical Sciences, Tabriz, Iran.

Training Course (Participant or speaker)

-Before 2011: passing educational and specialized workshops for **483 hours**, including: skills in information technology concepts, skills in using computers and managing files, obstetric emergencies, resuscitation of newborns, resuscitation of adults, teaching the required jurisprudence and jurisprudence issues, Rubella care program and congenital rubella syndrome, ICDL skills, promotion and development of prayer culture, principles of nutrition and health, the role of parents' education in the development of human capital, life skills, family and the relationships governing it, the philosophy of hijab and its social consequences, healthy relationships between husband and wife, midwifery emergencies, childbirth and high-risk pregnancies, drugs and the consequences of drug use, physiological childbirth, the importance and benefits of breastfeeding, labor and water birth, safe pregnancy, women's cancers, the latest in medical science. , sexual health, airway control, promotion of administrative health and fight against corruption, interpretation of selected verses of the Holy Quran.

-2012-2016: passing educational and specialized workshops for **175 hours**, including: familiarization with the targeting of subsidies, healthy newborn care, midwifery emergencies in pregnancy bleeding, clarification course, self-care guide 1, hospital accreditation, and general addiction prevention. Electrocardiograph interpretation, refereeing and criticizing articles, qualitative research method, sexual health disorders, principles and basics of qualitative studies, Endnote, CTE (Career and Technical Education).

-2017-2021: passing educational and specialized workshops for **314 hours** including: Bill of Rights of Citizens, blood and blood products, interpretation of prayers, healthy newborn care, network and information security in organizations, lifestyle and infertility, life skills, a step towards prevention Addiction, heavenly house, be happy with the Quran, familiarization workshop with Prism (Graph Pad) software, familiarization with the techniques of recording your experiences to use them in organizational learning, familiarization with the guidelines for the prevention of infection with the Covid-19 virus, familiarization and interpretation of the Quran, how to use personal protective equipment (masks) in a pandemic, safe maternal care, administrative writing and correspondence, natural birth skills training and ethical codes in the midwifery profession, passive defense, the impact of ergonomics on the health of employees, getting to know the characteristics of third generation universities and entrepreneurs, familiarity with the instructions for the Covid-19 vaccines, knowledge management system, familiarity with the engineering regulations and employee job evaluation, women managing information and improving health literacy in the Corona crisis, women managing their mental health and family in the corona crisis, women and life management Healthy in crisis Corona, women and vaccination of Covid-19 disease, women and reproductive health in the corona crisis, what nursing should know (3), professional ethics of the medical team, healthy family relationships, advanced psychometrics.





2022-Now: Passing educational and specialized workshops including: The Association for Medical Education in Europe (AMEE) Modern lifestyle; The process of scholarship; E-learning fellowship course; Faculty empowerment workshops; Academic English, knowledge translation and writing research messages; Applications of artificial intelligence in medical science education and research; Prevention, management and Confronting Research Misconduct; Islamic political thought and the foundations of the Islamic Revolution; Civilization-building thought; Together with the sages; Virtual

reality simulation and basic resuscitation training; Innovation in treatment; How to write a systematic review of psychometric studies.

Honors and awards

- The country's exemplary midwife in 2013
- The province and city's exemplary midwife in 2013
- Appreciation for the clinical training of the students in Nursing and Midwifery School of Tehran University of Medical Sciences, 2013.
- Appreciation for the clinical training of the students in Nursing and Midwifery School of Urmia University of Medical Sciences, 2014.
- Appreciation for holding the midwifery final exam in maternity fields in 2015
- Appreciation letter for the efforts of health defenders during Covid-19 pandemic. 2020
- Appreciation letter for the professor day by dean of Nursing and Midwifery School of Tabriz University of Medical Sciences, 2022.
- Appreciation letter for the midwifery day by dean of Nursing and Midwifery School of Tabriz University of Medical Sciences, 2022, 2023, 2024.
- Letter of appreciation for writing the book "Family Health" and choosing it as a selected academic book for 2024.

International journal editors or Reviewers (Cite Score)

1. 2019-Now: Journal of Primary Care and Community Health (IF: 3.3, ISI, PubMed, Scopus) 
2. 2019- Now: BMC Women's Health (IF: 3.3, ISI, PubMed, Scopus) 
3. 2019- Now: Sex Education (IF: 1.9, ISI, PubMed, Scopus) 
4. 2019- Now: Nursing Practice Today (IF: 1.0, ESCI(ISI), Scopus) 

5. 2019- Now: Payesh (Health Monitor) (Scopus) Q3
6. 2022-Now: Journal of Maternal-Fetal& Neonatal Medicine(IF: 1.8, ISI, PubMed, Scopus) Q2
7. 2022-Now: Oman Medical Journal (PubMed, Scopus) Q2
8. 2022-Now:BMC Pregnancy and Childbirth (IF: 3.1, ISI, PubMed, Scopus) Q2
9. 2022-Now: BMC Psychology (IF: 3.6, ISI, PubMed, Scopus) Q2
- 10.2022-Now:Digital Health (IF: 3.9, ISI, PubMed, Scopus) Q2
- 11.2023-Now:SAGE Open Nursing (IF: 2.0, ESCI(ISI),PubMed, Scopus) Q2
12. 2023-Now:Sexual and Relationship Therapy (IF: 1.1, ISI, Scopus) Q2
13. 2023-Now:Trends in Psychiatry and Psychotherapy(IF: 2.6, ESCI(ISI), PubMed, Scopus) Q2
14. 2023-Now:BMC Public Health (IF: 4.5, ISI, PubMed, Scopus) Q1
15. 2023-Now:BMC Pediatrics (IF: 2.4, ISI, PubMed, Scopus) Q2
16. 2023-Now:PLOS ONE (IF: 3.7, ISI, PubMed, Scopus) Q1
17. 2023-Now:Depression and Anxiety (IF: 7.4, ISI, PubMed, Scopus) Q1
18. 2023-Now:Public Health Reviews(IF: 5.5, ISI, PubMed, Scopus) Q1
19. 2023-Now:Japan Journal of Nursing Science (IF: 1.7, ISI, PubMed, Scopus) Q2
20. 2023-Now:Heliyon (IF: 4.0, ISI, PubMed, Scopus) Q1
21. 2024-Now: Climacteric (IF: 2.9, ISI, PubMed, Scopus) Q1
22. 2024-Now: Clinical and Experimental Obstetrics & Gynecology (IF: 0.4, ISI, PubMed, Scopus) Q4
23. 2024-Now: Current Drug Safety (IF: 1.1, ESCI (ISI), PubMed, Scopus) Q3
24. 2024-Now: Current Psychology (IF: 2.5, ISI, PubMed, Scopus) Q2
25. 2024-Now: European Journal of Education (IF: 2.8, ISI, Scopus) Q1
26. 2024-Now: European Journal of Integrative Medicine (IF: 1.9, ISI, Scopus) Q2

27. 2024-Now: Heliyon (IF: 3.4, ISI, PubMed, Scopus) Q1
28. 2024-Now: American Journal of Sexuality Education (IF: 1.2, ESCI (ISI), Scopus) Q2
29. 2024-Now: Journal of Sexual Medicine (IF: 2.5, ISI, PubMed, Scopus) Q1
30. 2024-Now: Marriage & Family Review (IF: 1.2, ESCI (ISI), Scopus) Q2
31. 2024-Now: Nursing Forum (IF: 2.2, ESCI (ISI), PubMed, Scopus) Q1
32. 2024-Now: Obstetrics and Gynecology International (IF: 1.2, ESCI (ISI), Scopus) Q2
33. 2024-Now: Sexual Health (IF: 1.8, ISI, PubMed, Scopus) Q3
34. 2024-Now: Women& Health (IF: 1.2, ISI, PubMed, Scopus) Q2
35. 2024-Now: Revista da Associacao Medica Brasileira (IF: 1.2, ISI, PubMed, Scopus) Q2

Presentation in seminars, conferences and congresses (Oral or Poster)

-2010. National Conference of Nursing and Midwifery Students of Tehran University of Medical Sciences. Iran. First Author. **Oral**

- 2010. Conference of nursing and midwifery students of Iran University of Medical Sciences. *Proving the existence of N-Formyl-Methionyl-Leucyl-Phenylamine (FMLP) receptor in amniotic fluid and stimulation of its receptor by physiological delivery.* Iran. First Author.

Poster

- 2013. International Congress on Women Health Promotion. *The Prevalence of depression in pregnant women with sleep disorder.* Iran .Corresponding Author. **Poster**.

- 2013. Royan Congress (Nursing and Midwifery Seminar). *The impact of behavioral health sleep education on the depression of pregnant women with disorders sleep.* Iran. First Author. **Poster**

- 2013. International Congress on Women Health Promotion. *The Prevalence of depression in pregnant women with sleep disorder. Iran .* Corresponding Author. **Poster**

- 2013. Royan Congress (Nursing and Midwifery Seminar). *The relationship between fetal Sex and Maternal blood group with sleep disorders during pregnancy*. Iran. First Author. **Poster**
- 2013. Royan Congress (Nursing and Midwifery Seminar). *The impact of behavioral health sleep education on the quality of life in the pregnant women with sleep disorder*. Iran. Corresponding Author. **Poster**
- 2013. Royan Congress (Nursing and Midwifery Seminar). *Quality of life in pregnant women with sleep disorder*. Iran. Corresponding Author. **Poster**
- 2013. 19th National Congress on Infertility and Reproductive. *The impact of behavioral health sleep education on the quality of life in the pregnant women with sleep disorder*. Iran. First Author. **Oral**
- 2014. The 14th International Congress of Women and Midwifery in Iran. *Contraception Use among Iranian Women with HIV Qualitative Study*. Iran. Seventh Author. **Oral**
- 2014. The 14th International Congress of Women and Midwifery in Iran. *The association of hematological indices with sleep disorder during pregnancy*. Iran. First Author. **Poster**
- 2014. The 14th International Congress of Women and Midwifery in Iran. *The association of common complaints in early pregnancy and quality of life in late pregnancy*. Iran. First Author. **Poster**
- 2014. 20th National Congress on Infertility and Reproductive. *The association of depression and common complaints of pregnancy in pregnant women with sleep disorder*. Iran. First Author. **Poster**
- 2014. 20th National Congress on Infertility and Reproductive. *The association of fetal sex and common complaints of pregnancy in pregnant women with sleep disorder*. Iran. Corresponding Author. **Poster**

- 2014. 20th National Congress on Infertility and Reproductive. *The impact of behavioral health sleep education on the psychological disorder in pregnancy*. Iran. First Author. **Poster**
- 2014. Royan International Twin Congress (9th Royan Nursing and Midwifery Seminar). *The association of depression and fetal sex in pregnant women with sleep disorder*. Iran. Corresponding Author. **Poster**
- 2015. The 2nd International Congress on HIV/AIDS Women and Children. *The effect of empowerment and educational programs on the quality of life in HIV⁺ women*. Iran. Corresponding Author. **Poster**
- 2016. Royan International Twin Congress (12th congress on stem cell Biology & Technology). *Therapeutic Effects of Mesenchymal Stem Cell on Arterial Hypertension (Review article)*. Iran. Corresponding Author. **Poster**
- 2016. Royan International Twin Congress (12th congress on stem cell Biology & Technology). *Implication of Stem Cells for Breast Cancer Therapy (Review article)*. Iran. First Author. **Poster**
- 2016. Royan International Twin Congress (11th Royan Nursing and Midwifery Seminar). *Effect of Garlic on Dysmenorrhea in women with Endometriosis*. Iran. Corresponding Author. **Oral**
- 2017. Royan International Twin Congress (13th congress on stem cell Biology & Technology). *One-Child Policy, Reproductive Right, and development challenges (Review article)*. Iran. Corresponding Author. **Poster**
- 2018. Royan International Twin Congress (19th Reproductive Biomedicine). *Endometriosis and Autoimmune Disease*. Iran. Corresponding Author. **Poster**
- 2023. Royan International Twin Congress (24th Reproductive Biomedicine). *The Psychological stresses of Iranian Women with Systemic Lupus Erythematosus: a Qualitative Study*. Iran. Corresponding Author. **Poster**

- 2023. Royan International Twin Congress (24th Reproductive Biomedicine). *The Supportive Needs of Iranian Women with Systemic Lupus Erythematosus: A Qualitative Study*. Iran. Corresponding Author. **Poster**
- 2023. Royan International Twin Congress (24th Reproductive Biomedicine). *Spirituality and Systemic Lupus Erythematosus: A Qualitative Study*. Iran. Corresponding Author. **Poster**
- 2023. 1st International Patient Safety. *Patient Safety Culture and Its Associated Factors: Integrative Review*. Iran. Corresponding Author. **Poster**
- 2023. The first national congress of Islam and health .*The effect of Spiritual Beliefs in improvement of women with Systematic Lupus Erythematosus: Qualitative research* . Corresponding Author. **Oral**
- 2024. Royan International Twin Congress (25th Reproductive Biomedicine). *Spirituality in women with Systemic Lupus Erythematosus: Cross sectional study*. Iran. **Poster**
- 2024. Royan International Twin Congress (25th Reproductive Biomedicine). *Physical psychological disorder in women with systemic lupus erythematosus*. Iran. **Poster**
- 2024. Royan International Twin Congress (25th Reproductive Biomedicine). *Fertility challenges in women with systemic lupus erythematosus: a qualitative study*. Iran. **Poster**

Published Articles

1. Fereshte Jahdi, Elham Rezaei**, Zahra Behboodi Moghadam, Hamid Hagani. *Prevalence of sleep disorders in the pregnant women*. Payesh (Health Monitor). 2013 Dec 15; 12(6):629-35.

2. Fereshte Jahdi, Elham Rezaei**, Zahra Behboodi Moghadam, Hamid Hagani. *The impact of Health Behavior Education on the Sleep Quality in the Pregnant Women with sleep disorder: A Randomized Control Trial 2011-2012*. International Research Journal of Applied and Basic Sciences 7 (12).
3. Rezaei E, Moghadam ZB, Saraylu K. *Quality of life in pregnant women with sleep disorder*. Journal of family & reproductive health. 2013 Jun; 7(2):87.
4. Moghadam ZB, Rezaei E**, Hagani H. *The association of fetal sex and common complaints of pregnancy in pregnant women with sleep disorder*. Int J Reprod Biomed (Yazd). 2014 Jun 1; 12:122.
5. Rezaei E, Moghadam ZB, Nejat S, Dehghan nayeri N. *The impact of sleep healthy behavior education on the quality of life in the pregnant women with sleep disorder: A randomized control trial in the year 2012*. Iranian Journal of Nursing and Midwifery Research. 2014 Sep; 19(5):508.
6. Zahra BM, Elham R**. *The prevalence of depression in pregnant women with sleep disorder*. J Psychiatry. 2014; 17(6).
7. Rezaei E, Moghadam ZB, Hagani H. *The effect of sleep health behavioral education on the depression of pregnant women with sleep disorders: A randomized control trial*. Iranian Red Crescent Medical Journal. 2015 Jan; 17(1).
8. Behboodi Moghadam Z, Rezaei E**, Khaleghi Yalegonbadi F, Montazeri A, Arzaqi SM, Tavakol Z, Yari F. *The effect of sexual health education program on women sexual function in Iran*. Journal of research in health sciences. 2015 Jun 6; 15(2):124-8.

9. Yari F, Moghadam ZB, Parvizi S, Nayeri ND, Rezaei E. *Sexual and reproductive health problems of female university students in Iran: a qualitative study. Global journal of health science.* 2015 Jul; 7(4):278.
10. Moghadam ZB, Rezaei E**. *Association of depression and common complaints of pregnancy in women with sleep disorder. Asian Journal of Scientific Research.* 2015 Jul 1; 8(3):421.
11. Beiranvand SP, Beiranvand NS, Moghadam ZB, Birjandi M, Azhari S, Rezaei E, Salehnia AN, Beiranvand S. *The effect of Crocus sativus (saffron) on the severity of premenstrual syndrome. European Journal of Integrative Medicine.* 2016 Feb 1; 8(1):55-61.
12. Yari F, Moghadam ZB, Parvizi S, Nayeri ND, Rezaei E, Saadat M. *An evaluation of the effectiveness of a reproductive health education program for nonmedical students in Iran: A quasi-experimental pre-test, post-test research. Shiraz E Medical Journal.* 2016; 17(3).
13. Saeieh SE, Nasrabadi AN, Ebadi A, Moghadam ZB, Mohraz M, Jozani ZB, Rezaei E. *Contraception use among Iranian women with HIV: a qualitative study. Global Journal of Health Science.* 2016 Jan; 8(1):199.
14. Moghadam ZB, Rezaei E**, Gholami RS, Kheirkhah M, Haghani H. *The effect of Valerian root extract on the severity of premenstrual syndrome symptoms. Journal of traditional and complementary medicine.* 2016 Jul 1; 6(3):309-15.
15. Tavakol Z, Nikbakht Nasrabadi A, Behboodi Moghadam Z, Salehiniya H, Rezaei E. *A review of the factors associated with marital satisfaction. Galen Medical Journal.* 2017; 6(3).
16. Moghadam ZB, Rezaei E**, Sharifi B, Nejat S, Saeieh SE, Khiaban MO. *The effect of empowerment and educational programs on the quality of life in Iranian women with HIV. Journal of the International Association of Providers of AIDS Care (JIAPAC).* 2018 Mar 21; 17:2325958218759681.

17. Asadi L, Ziaei T, Koochak HE, Montazeri A, Rezaei E, Moghadam ZB, Shahmohammadi L. *Effect of counseling based on PLISSIT model on sexual function of HIV-positive married women. HIV & AIDS Review*. International Journal of HIV-Related Problems. 2018 Jan 1; 17(3):169-75.
18. Moghaddam Tabrizi F, Barjasteh S, Rezaei E**. *Lifestyle Factors Related to Dysmenorrhea Among High School Students*. Journal of Client-Centered Nursing Care. 2018 Feb 10; 4(1):53-9.
19. Moghadam ZB, Rezaei E**, Faezi ST, Zareian A, Ibrahim FM, Ibrahim MM. *Prevalence of sexual dysfunction in women with systemic lupus erythematosus and its related factors*. Reumatologia/Rheumatology. 2019 Feb 28; 57(1):19-26.
20. Zenouzi A, Moghadam ZB, Babayanzad S, Asghari M, Rezaei E**. *The Effect of Benson Relaxation Technique on Stress, Anxiety, and Depression in Pregnant Women*. Holistic Nursing Practice. 2021 Aug 2.
21. Moghadam ZB, Faezi ST, Zareian A, Rezaei E**. *Experiences of Iranian female patients with systemic lupus erythematosus: A qualitative study*. Archives of Rheumatology. 2021 Mar; 36(1):120.
22. Zenouzi A, Rezaei E, Behboodi Moghadam Z, Montazeri A, Maani S, and Vasegh Rahimparvar SF. *Reproductive Health Concerns of Women With High Risk Sexual Behaviors*. SAGE Open Nursing. 2021 Aug; 7:23779608211017779.
23. Moghadam ZB, Rezaei E**, Rahmani A. *Sleep Disorders During Pregnancy and Postpartum: A Systematic Review*. Sleep Medicine Research. 2021 Dec 31; 12(2):81-93.
24. Rahmani A, Grylka-Baeschlin S, Fallahi A, Allahqoli L, Gheshlagh RG, Abboud S, Rezaei E**. *Postpartum Sexual Quality of Life: Scale Development and Psychometric Properties Assessment in Iran*. Sexuality and Disability. 2022 Mar; 40(1):115-27.

25. Najafi F, Vizheh M, Moghadam ZB, **Rezaei E****, Saeieh S, Koochak HE. *Prevalence of post-traumatic stress disorder in HIV-positive women and its' related factors in an Iranian setting. HIV & AIDS Review*. International Journal of HIV-Related Problems.2022. 21(1):222-9.
26. Azam R, Julia F, **Elham R****, Shirin Sh, Arezoo F, Leila, Reza Gh Gh, Seyede Nargess S L, Ibrahim A. *Effect of Achillea vermicularis ointment on wound healing after episiotomy in primiparous women: a randomised clinical trial*. Journal of Herbal Medicine. 2023.42:100779
27. Zahra BM, Armin Z, Seyedeh Tahereh F, **Elham R****. *Development and psychometric properties of the Reproductive Health Assessment in Systemic Lupus Erythematosus: Mixed-Methods study*.2024. 33(1): 5-16.
28. Azam Rahmani, Maryam Janatolmakan, **Elham Rezaei**, Malihe Tabaraei. *The managers' perspectives on service providing in women's harm reduction centers during the COVID-19 pandemic: mixed method study*. Harm Reduction Journal. 2024. 21: 133.
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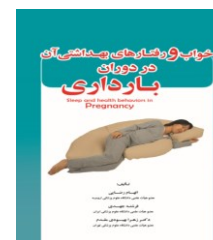
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